



Canadian Institute
FOR CRISIS INTERVENTION TRAINING

**Crisis Intervention and
Personal Safety Workshop
(Day One)**

**Fundamentals of
Non-Abusive Crisis Workshop
(Day Two)**

2025

**Professional Educational Services
Center 170 – 10403 – 172 Street, Suite 145
Edmonton, Alberta T5S 1K9**



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We are proud to be accredited through The Canadian Accreditation Council of Human Services (CAC) and to offer the following training that meets and exceeds the minimum standards set at by the CAC. This training opportunity is for those who are concerned about children, adolescents and families struggling with emotional, social and/or psychiatric problems. The training is designed for parents, teachers, social workers, child and youth care workers, psychologists and others in human services.

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Canadian Institute
FOR CRISIS INTERVENTION TRAINING

WHO WE ARE

Canadian Institute for Crisis Intervention Training (CICIT) provides training opportunities for agencies and schools working with emotionally and behaviorally challenging children and youth. Our programs meet or exceed the standard training requirements as established by the Canadian Accreditation Council of Human Services (CAC) and Canadian Council on Health Services Accreditation (CCHSA).

Courses are taught by skilled facilitators with expertise in their particular field. Through extensive education, training and personal experience, our facilitators have developed programs sure to fulfill your needs.

New courses and services are being developed on an on-going basis, in addition, group training rates are available for those interested in booking sessions for their organization.

We invite you to take a moment to check the booklet. If you have questions or wish further information about our courses, please contact our office at:

780-440-2390 ext. 0 or

via email at pes@mpowrsupports.org

We look forward to hearing from you.

We are located at:

Centre 170, 10403 – 172 Street, Suite 145

Edmonton, Alberta T5S 1K9

Fax: 780-440-0760

Website: www.cifcit.org



Canadian Institute
FOR CRISIS INTERVENTION TRAINING

Fundamentals of Non-Abusive Crisis Intervention & Personal Safety

PRESENTED BY THE CANADIAN INSTITUTE FOR CRISIS INTERVENTION TRAINING (CICIT)

Intended Audience:

Our workshops are intended for participants who are new to the field or have experience and are wanting to build on their existing knowledge and experience base. This workshop is for teachers, educational assistants, social workers, child and youth care staff, child protection staff, nurses, mental health workers, probation officers, family support workers, career counselors, addictions counselors, foster parents, students in child and youth care, mental health, policing and security programs. This certification is valid for 3 years.

Learning Objectives:

Prevention – This component of the program requires participants to evaluate their own reactions to verbal and physical aggression. In addition, participants will assess their approach to individuals who are aggressive and challenging.

De-escalation – Techniques provide participants with training in verbal and non-verbal intervention for defusing and stabilizing an escalating situation in a non-threatening manner.

De-briefing – Trains participants to process the incident with the individual and teach alternative behaviours. This component includes an outline for de-briefing strategies for clients and staff.

Personal Safety – Participants will learn how to protect themselves in situations where they are at imminent risk of injury. All techniques are meant to maximize safety for the participants and to control, not injure, their assailant.

Physical Interventions (Day 2 only) – This includes escorts and control techniques. All techniques allow for maximum control and safety of the individual and the staff performing the intervention.

Crisis Intervention and Personal Safety Day One Workshop, MUST be taken prior to Fundamentals of Non-Abusive Crisis Workshop.



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This workshop is offered in a one or two-day format. If your agency is interested in a one-day workshop (**Crisis Intervention and Personal Safety Day One only**), please see the first 4 “Learning Objectives” listed above, for the course content. You may also contact us with requested specific dates, and we will try and accommodate your request.

2025 Workshop Dates

Participants who require Day One Training only, may register for any of the first day of the workshops listed below: Private courses are available for groups of ten or more. Please call our office to inquire.

- January 11 & 12
- January 25 & 26
- January 30 & 31
- February 8 & 9
- February 21 & 21
- February 22 & 23
- March 3 & 4
- March 8 & 9
- March 22 & 23
- March 29 & 30
- April 3 & 4
- April 5 & 6
- April 19 & 21
- April 26 & 27
- May 3 & 4
- May 17 & 18
- May 31 & June 1
- June 5 & 6
- June 7 & 8
- June 21 & 22
- June 28 & 29
- July 12 & 13
- July 14 & 15
- July 19 & 20
- July 26 & 27
- August 9 & 10
- August 14 & 15
- August 16 & 17
- August 23 & 24
- September 6 & 7
- September 7 & 8
- September 13 & 14
- September 20 & 21
- September 24 & 25
- October 4 & 5
- October 18 & 19
- October 23 & 24
- October 25 & 26
- November 1 & 2
- November 5 & 6
- November 15 & 16
- November 29 & 30
- December 6 & 7
- December 11 & 12
- December 13 & 14
- December 20 & 21

** For safe practice and demonstration, our classes do have a minimum attendance requirement. Classes are subject to change. Private workshops for a program/agency may be booked or requested on an on-going basis at no additional cost with a minimum class size of ten individuals. Agencies may also request a one-day session for Day One.

- Time:** 8:30 am – 4:30 pm
Location: 10403 – 172 Street, Suite 145, Edmonton, AB T5S 1K9
(Some Day One classes can be held virtually, contact for details)
Cost: \$130 for Two-Day Workshop or
\$75 for Day One Workshop only



OUR PRESENTERS

Maria Montgomery, is the Professional Development Coordinator for MpowR Community and Organizational Supports and Unlimited Potential Community Services (UPCS). Maria's experience includes 20 years within the Human Services sector, working with vulnerable children, youth and families. Her field of experiences are in Crisis Intervention, Youth Work, Family Stabilization and Reunification, Community Development & Educational Therapeutic Intervention, Collaborative Service Delivery, Foster/Kinship Care, Early Intervention and Parenting Programs. Maria's educational background is in Psychology, and she possesses a wealth of experience in adult education within Trauma Informed Practices. Maria holds instructor certifications with the Canadian Heart and Stroke Foundation as a First Aid Instructor, Foundations of Caregiver Training, Triple P Positive Parenting, Suicide and Self Harm Intervention, Crisis Intervention, 3 Pillars Training and Kids Have Stress Too.

Samantha Chartrand has worked in the Human Services sector for over 10 years. Samantha's education is in Social Work as well as Psychology. Samantha's experience is working with Individuals with Disabilities, Collaborative Service Delivery and Youth Work. Samantha instructs both Suicide and Self Harm Intervention, as well as Crisis Intervention.

Hillary Sampson has been working in the Human Services sector for approximately 10 years. Hillary's career started in correctional services, however she has since brought her passion to help the community by focusing on its' youth. Hillary has worked predominantly in residential facilities for both youth and adults throughout her career. Hillary currently manages the Supported Independent Living program within Unlimited Potential. She also spends time working with the Edmonton John Howard Society and facilitating Suicide and Self Harm Intervention.



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Britney Butterworth has been working in the Human Services sector for 13 years. Britney's education is in Sociology; Youth and Families, as well as Psychology. Britney worked in Residential Treatment Group Homes for 10 years and is currently working as a Supervisor with the Bridges Program at Unlimited Potential. Britney also spends time working relief shifts for youth work and Collaborative Service Delivery.



REGISTRATION INFORMATION

Registration Options

- ✓ Online – www.mpowersupports.org
- ✓ Email – pes@mpowersupports.org
- ✓ By Phone – 780-440-2390 ext. 0

If you have questions with regards to any of the Training Opportunities information, do not hesitate to call 780-440-2390 ext. 0 or email pes@mpowersupports.org

Payment Options – please include **Invoice Number** on Cheques

- ✓ CASH (exact amount)
- ✓ INTERAC
- ✓ CREDIT CARD (VISA and MasterCard ONLY) - payments may also be completed by phone, call 780-440-2390 ext. 0.
- ✓ CHEQUES—Make payable to **Canadian Institute for Crisis Intervention Training (CICIT)**
Mail or drop off cheques to: #145, 10403 – 172 Street, Edmonton, AB, T5S 1K9

NOTE: if making payments in person, office hours are weekdays from 8:30 am to 4:00 pm, (*payments are not accepted during lunch 12:00 to 1:00 pm*). **If the cheque is made out incorrectly, it will be returned and an administrative fee charged.**

Payment for the workshop must be received 5 business days prior to the workshop

Invoicing

Agencies or organizations can arrange **invoicing** by calling 780-440-2390 ext. 0.

Cancellation Policy

All sessions have limited registration. However, due to speaker and venue guarantees, presentation of all workshops will be dependent upon adequate registration. If a participant is required to withdraw from a workshop 5 or more business days prior to the workshop, a **full refund** will be issued. If a participant withdraws between 2-5 business days prior to the workshop, a **\$25 cancellation fee** will apply. If the participant withdraws less than 2 business days or is absent from the workshop, **no refund** will be issued. If the instructor must cancel on the day of a course a **full refund** will be issued.



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Facility

All workshops will occur at the following address unless otherwise posted or arranged:
#145, 10403 – 172 Street, Edmonton, AB T5S 1K9

Our instructors can also teach at your facility, for more information on this option please email: pes@mpowersupports.org

