

MPOWER

COMMUNITY AND
ORGANIZATIONAL
SUPPORTS

PROFESSIONAL EDUCATIONAL SERVICES



TRAINING OPPORTUNITIES



Centre 170
#145, 10403 - 172 Street
Edmonton, AB T5S 1K9

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We are proud to be accredited through The Canadian Accreditation Council of Human Services (CAC) and to offer the following training that meet and exceed the minimum standards set at by the CAC.

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*Courses required by CAC

Who We Are

Professional Educational Services (PES) is a department of MpowR Community and Organizational Supports, providing training opportunities for agencies and schools working with emotionally and behaviourally challenging children and youth. Our programs meet, or exceed the standard training requirements as established by the Canadian Accreditation Council of Human Services (CAC).

Courses are taught by skilled facilitators with expertise in their particular field. Through extensive education, training and personal experience, our facilitators have developed programs sure to fulfill your needs.

If there is a workshop you are looking for that isn't on our training list, please let us know and we can work together to develop it.

If you have questions or would like further information about our programs, please call or email our office at: **780-440-2390 (ext. 0)** or via email at pes@mpowrsupports.org.

These opportunities are for those who would like to make a positive impact working with children, adolescents and families struggling with emotional, social, psychiatric and/or behavioural problems. These workshops are intended for participants who are new to the field, or have experience and are wanting to build on their existing knowledge and experience base.

They are a must have for parents, teachers, social workers, foster parents, nurses, probation officers, child and youth care workers, psychologists and any others in the human service field.

We look forward to seeing you in our workshops.

Heart & Stroke Foundation

First Aid/CPR—Level C



Standard First Aid CPR and AED Level C

The Standard First Aid CPR and AED Level C course contains up-to-date content and science from the Guidelines for First Aid and CPR. In this course, you will learn the essential skills of patient care to protect and support the life of a suddenly ill or injured person until emergency medical services arrive. Instruction will cover first aid skills such as those that help in the control of bleeding, shock management, stabilizing fractures and dislocations.

Target Group

This course is intended for the general public.

Standard First Aid CPR AED Level C Content

- ✓ Emergency Scene Management
- ✓ Shock, Fainting and Unconsciousness
- ✓ Bleeding and Wounds
- ✓ Asthma and Allergies
- ✓ Head, Spinal and Pelvic Injuries
- ✓ Diabetic Emergencies
- ✓ Seizures
- ✓ Respiratory and Cardiovascular Emergencies
- ✓ Burns
- ✓ Child/Infant CPR and Choking
- ✓ Secondary Survey
- ✓ Bone, Joint and Muscle Injury
- ✓ Poisoning
- ✓ Eye Injuries
- ✓ Chest Injuries
- ✓ Environmental Illness & Injuries
- ✓ Lifts and Carries
- ✓ Multiple Casualty Management

Approximate Course Length: 16 Hours (2 days)

Certification Length: 3 years

Course Length: 16 hours

Location: Centre 170, Suite145, 10403 – 172 Street, Edmonton, AB T5S 1K9

Register online for our workshops and you will receive a confirmation reply with more details and payment method (if applicable).

Suicide and Self Harm Intervention Training

Intended Audience:

This workshop is for teachers, educational assistants, social workers, child and youth care workers, child protection staff, nurses, mental health workers, probation officers, family support workers, career counselors, addictions counselors, foster parents, policing and security personnel. Everyone is welcome, whether your interest is casual or professional. Once the workshop is completed, a one day recertification is required every 3 years prior to the expiry date on the previous certificate.

Learning Objectives:

- ✓ To recognize that persons at risk are affected by personal and societal attitudes about suicide.
- ✓ To recognize behaviours or behavioural patterns indicating self-harm.
- ✓ To understand the “Duty of Care” issues when dealing with self-harm.
- ✓ To understand the documentation required for suicide/self-harm.
- ✓ To identify factors that indicate the risk of suicide.
- ✓ To understand how to discuss suicide with a person at risk.
- ✓ To demonstrate the skills required to intervene with a person at risk of suicide/self-harm.
- ✓ To identify the resources, including themselves, available to a person at risk of suicide/self-harm.
- ✓ To gain commitment to help coordinate social support resources for persons at risk of suicide.

Course Length: 8 hours

Location: Centre 170, Suite145, 10403 – 172 Street, Edmonton, AB T5S 1K9

Register online for our workshops and you will receive a confirmation reply with more details and payment method (if applicable).

Our Presenters

Maria Montgomery, is the Professional Development Coordinator for MPower Community and Organizational Supports and Unlimited Potential Community Services (UPCS). Maria's experience includes 20 years within the Human Services Sector, working with vulnerable children, youth and families. Her field of experiences are in Crisis Intervention, Youth Work, Family Stabilization and Reunification, Community Development & Educational Therapeutic Intervention, Collaborative Service Delivery, Foster/Kinship Care, Early Intervention and Parenting Programs. Maria's educational background is in Psychology and she possesses a wealth of experience in adult education within Trauma Informed Practices. Maria holds instructor certifications with the Canadian Heart and Stroke Foundation as a First Aid Instructor, Foundations of Caregiver Training, Triple P Positive Parenting, Suicide and Self Harm Intervention, Crisis Intervention, 3 Pillars Training and Kids Have Stress Too.

Samantha Chartrand, has worked in the Human Services Sector for over 10 years. Samantha's education is in Social Work as well as Psychology. Samantha's experience is working with individuals with disabilities, Collaborative Service Delivery and youth work. Samantha instructs both Suicide and Self Harm Intervention as well as Crisis Intervention.

Hillary Sampson, has been working in the human services sector for approximately 10 years. Hillary's career started in correctional services however she has since brought her passion to help the community by focusing on its youth. Hillary has worked predominantly in residential facilities for both youth and adults throughout her career. Hillary currently manages the Supported Independent Living program within Unlimited Potential while also spending time working with the Edmonton John Howard Society and facilitating Suicide and Self Harm intervention.

Registration Information

Registration Options

- ✓ Online – www.mpowersupports.org
- ✓ Email – pes@mpowersupports.org
- ✓ By Phone – 780-440-2390 Ext. 0

If you have questions with regards to any of the Training Opportunities information, do not hesitate to call 780-440-2390 ext. 0 or email pes@mpowersupports.org

Payment Options – please include Invoice Number on Cheques

- ✓ CASH (exact amount)
- ✓ INTERAC
- ✓ CREDIT CARD (VISA and MasterCard ONLY)
payments may also be completed by phone call 780-440-2390 ext. 0.
- ✓ CHEQUES—Make payable to MpowR.
Mail or drop off cheques to: **MpowR Community and Organizational Supports**
#145, 10403 – 172 Street, Edmonton, AB, T5S 1K9

NOTE: if payments made by visiting, our office hours are: weekdays between 8:30 am to 12:00 pm and 1:00 pm to 4:00 pm. *Note: payments are not accepted over the lunch hour. If the cheque is made out incorrectly, it will be returned and an Administrative fee charged.*

Payment for the workshop must be received upon registration

Invoicing

Agencies or organizations can arrange **invoicing** by calling 780-440-2390 ext. 0.

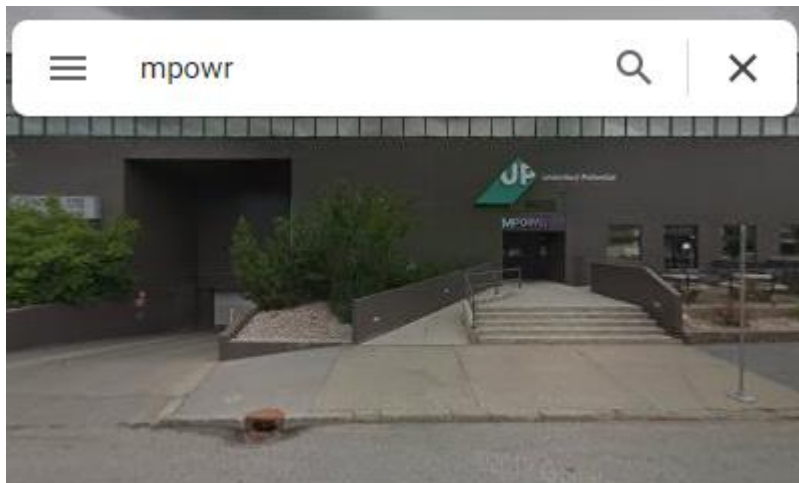
Cancellation Policy

All sessions have limited registration. However, due to speaker and venue guarantees, presentation of all workshops will be dependent upon adequate registration. If a participant is required to withdraw from a workshop 5 or more business days prior to the workshop, a **full refund** will be issued. If a participant withdraws between 2-5 business days prior to the workshop, a **\$25 cancellation fee** will apply. If the participant withdraws less than 2 business days or is absent from the workshop, **no refund** will be issued. If the instructor must cancel on the day of a course a **full refund** will be issued.

Facility

All workshops will occur at the following address unless otherwise posted or arranged:
#145, 10403 – 172 Street, Edmonton, AB T5S 1K9

Our instructors can teach at your facility. For more information on this option, please email: pes@mpowrsupports.org



MPOWR
Non-profit organization

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