



Canadian Institute
FOR CRISIS INTERVENTION TRAINING

**Crisis Intervention and
Personal Safety Workshop
(Day One)**

**Fundamentals of
Non-Abusive Crisis Workshop
(Day Two)**

2023

**Professional Educational Services
Center 170 – 10403 – 172 Street, Suite 145
Edmonton, Alberta T5S 1K9**



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We are proud to be accredited through The Canadian Accreditation Council of Human Services (CAC) and to offer the following training that meets and exceeds the minimum standards set at by the CAC. This training opportunity is for those who are concerned about children, adolescents and families struggling with emotional, social and/or psychiatric problems. The training is designed for parents, teachers, social workers, child and youth care workers, psychologists and others in human services.

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Canadian Institute
FOR CRISIS INTERVENTION TRAINING

WHO WE ARE

Canadian Institute for Crisis Intervention Training (CICIT) provides training opportunities for agencies and schools working with emotionally and behaviorally challenging children and youth. Our programs meet, or exceed the standard training requirements as established by the Canadian Accreditation Council of Human Services (CAC) and Canadian Council on Health Services Accreditation (CCHSA).

Courses are taught by skilled facilitators with expertise in their particular field. Through extensive education, training and personal experience, our facilitators have developed programs sure to fulfill your needs.

New courses and services are being developed on an on-going basis, in addition, group training rates are available for those interested in booking sessions for their organization.

We invite you to take a moment to check the booklet. If you have questions or wish further information about our programs, please contact our office at:

780-440-0708 or via email at pes@upcs.org

We look forward to hearing from you.

We are located at:

Centre 170, 10403 – 172 Street, Suite 145

Edmonton, Alberta T5S 1K9

Fax: 780-440-0760

Website: www.upcs.org



Canadian Institute
FOR CRISIS INTERVENTION TRAINING

Fundamentals of Non-Abusive Crisis Intervention & Personal Safety

PRESENTED BY THE CANADIAN INSTITUTE FOR CRISIS INTERVENTION TRAINING (CICIT)

Intended Audience:

Our workshops are intended for participants who are new to the field, or have experience and are wanting to build on their existing knowledge and experience base. This workshop is for teachers, educational assistants, social workers, child and youth care staff, child protection staff, nurses, mental health workers, probation officers, family support workers, career counselors, addictions counselors, foster parents, students in child and youth care, mental health, policing and security programs. This certification is valid for 3 years.

Learning Objectives:

Prevention – This component of the program requires participants to evaluate their own reactions to verbal and physical aggression. In addition, participants will assess their approach to individuals who are aggressive and challenging.

De-escalation – Techniques provide participants with training in verbal and non-verbal intervention for defusing and stabilizing an escalating situation in a non-threatening manner.

De-briefing – Trains participants to process the incident with the individual and teach alternative behaviours. This component includes an outline for de-briefing strategies for clients and staff.

Personal Safety – Participants will learn how to protect themselves in situations where they are at imminent risk of injury. All techniques are meant to maximize safety for the participants and to control, not injure, their assailant.

Physical Interventions (day 2 only) – This includes escorts and control techniques. All techniques allow for maximum control and safety of the individual and the staff performing the intervention.

Crisis Intervention and Personal Safety Day One Workshop MUST be taken prior to Fundamentals of Non-Abusive Crisis Workshop.



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This workshop is offered in one or two-day formats. If your agency is interested in a one-day workshop (Crisis Intervention and Personal Safety Day One only) (please see above for the course content) you may contact us with requested dates.

2023 Training Day Dates

(Participants who require Day One Training only may register in any of these workshops for the first date)

- January 21 & 22
- February 4 & 5
- February 7 & 8
- February 25 & 26
- March 3 & 4
- March 18 & 19
- March 28 & 29
- April 1 & 2
- April 3 & 4
- April 22 & 23
- May 13 & 14
- May 20 & 21
- June 1 & 2
- June 17 & 18
- June 24 & 25
- July 8 & 9
- July 27 & 28
- August 5 & 6
- August 29 & 30
- September 9 & 10
- September 16 & 17
- September 27 & 28
- October 14 & 15
- October 22 & 22
- October 30 & 31
- November 4 & 5
- November 18 & 19
- November 27 & 28
- December 2 & 3
- December 9 & 10
- December 14 & 15

** For safe practice and demonstration, our classes do have a minimum attendance requirement. Classes are subject to change. Private workshops for a program/agency may be booked or requested on an on-going basis at no additional cost with a minimum class size of ten individuals. Agencies may also request a one-day session for Day One,

Time: 8:30am – 4:30 pm
Location: Centre 170, 10403 – 172 Street, Suite 145, Edmonton, AB T5S 1K9
(Some Day One Classes will be held virtually)
Cost: \$130 for Two Day Workshop or \$75 Day One only Workshop
Instructor(s): Bill Killinger, Maria Montgomery, Samantha Chartrand



OUR PRESENTERS

Our Master Instructor Bill Killinger, has over a decade of experience in the child and youth care field; having worked in Residential Treatment, Intensive Treatment and School settings. He holds Addiction Counseling Certificates through the Nechi Institute and is a certified Instructor Trainer for Physical Management through ISR Matrix. Bill has instructed Crisis Intervention non-abusive restraint since 2002.

Maria Montgomery, is the Professional Development Coordinator for MPowr Community and Organizational Supports and Unlimited Potential Community Services (UPCS). Maria's experience includes 20 years within the Human Services Sector, working with vulnerable children, youth and families. Her field of experiences are in Crisis Intervention, Youth Work, Family Stabilization and Reunification, Community Development & Educational Therapeutic Intervention, Collaborative Service Delivery, Foster/Kinship Care, Early Intervention and Parenting Programs. Maria's educational background is in Psychology and she possesses a wealth of experience in adult education within Trauma Informed Practices. Maria holds instructor certifications with the Canadian Heart and Stroke Foundation as a First Aid Instructor, Foundations of Caregiver Training, Triple P Positive Parenting, Suicide and Self Harm Intervention, Crisis Intervention, 3 Pillars Training and Kids Have Stress Too.

Samantha Chartrand, has worked in the Human Services Sector for over 10 years. Samantha's education is in Social Work as well as Psychology. Samantha's experience is working with individuals with disabilities, Collaborative Service Delivery and youth work. Samantha instructs both Suicide and Self Harm Intervention as well as Crisis Intervention.



REGISTRATION INFORMATION

Registration Options

- ✓ Online – www.mpowersupports.org
- ✓ Email – pes@mpowersupports.org
- ✓ By Phone – 780-440-2390 Ext. 0

If you have questions with regards to any of the Training Opportunities information, do not hesitate to call 780-440-2390 ext. 0 or email pes@mpowersupports.org

Payment Options – please include Invoice Number on Cheques

- ✓ CASH (exact amount)
- ✓ INTERAC
- ✓ CREDIT CARD (VISA and MasterCard ONLY) - payments may also be completed by phone call 780-440-2390 ext. 0.
- ✓ CHEQUES—Make payable to **Canadian Institute for Crisis Intervention Training (CICIT)**.
Mail or drop off cheques to: #145, 10403 – 172 Street, Edmonton, AB, T5S 1K9

NOTE: if payments made by visiting, our office hours are: weekdays between 8:30 am to 12:00 pm and 1:00 pm to 4:00 pm. *Note: payments are not accepted over the lunch hour. If the cheque is made out incorrectly, it will be returned and an Administrative fee charged.*

Payment for the workshop must be received 5 business days prior to the workshop

Invoicing

Agencies or organizations can arrange **invoicing** by calling 780-440-2390 ext. 0.

Cancellation Policy

All sessions have limited registration. However, due to speaker and venue guarantees, presentation of all workshops will be dependent upon adequate registration. If a participant is required to withdraw from a workshop 5 or more business days prior to the workshop, a **full refund** will be issued. If a participant withdraws between 2-5 business days prior to the workshop, a



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\$25 cancellation fee will apply. If the participant withdraws less than 2 business days or is absent from the workshop, **no refund** will be issued. If the instructor must cancel on the day of a course a **full refund** will be issued.

Facility

All workshops will occur at the following address unless otherwise posted or arranged:
[#145, 10403 – 172 Street, Edmonton, AB T5S 1K9](#)

Our instructors can teach at your facility. For more information on this option, please email: pes@mpowrsupports.org

